

Date	Location	Start Time	End Time	Activity
Thursday, September 3, 2026	Track @ Florence Sports Complex	5:45 PM	7:00 PM	First Day of Practice Parents' Meeting @ 7:00 pm
Monday, September 7, 2026	No Practice- Labor Day			
Tuesday, September 8, 2026	Florence Soccer Complex	5:45 PM	7:00 PM	Practice
Thursday, September 10, 2026	Track @ Florence Sports Complex	5:45 PM	7:00 PM	Practice
Monday, September 14, 2026	Freedom Park	5:45 PM	7:00 PM	Practice
Tuesday, September 15, 2026	Florence Soccer Complex	5:45 PM	7:00 PM	Practice
Thursday, September 17, 2026	Track @ Florence Sports Complex	5:45 PM	7:00 PM	Practice
Monday, September 21, 2026	Freedom Park	5:30 PM	6:45 PM	Practice
Tuesday, September 22, 2026	Florence Soccer Complex	5:30 PM	6:45 PM	Practice
Thursday, September 24, 2026	Track @ Florence Sports Complex	5:30 PM	6:45 PM	Practice
Monday, September 28, 2026	Freedom Park	5:30 PM	6:45 PM	Practice
Tuesday, September 29, 2026	Florence Soccer Complex	5:30 PM	6:45 PM	Practice
Thursday, October 1, 2026	Track @ Florence Sports Complex	5:30 PM	6:45 PM	Practice
Monday, October 5, 2026	Freedom Park	5:15 PM	6:30 PM	Practice
Tuesday, October 6, 2026	Florence Soccer Complex	5:15 PM	6:30 PM	Practice
Thursday, October 8, 2026	Track @ Florence Sports Complex	5:15 PM	6:30 PM	Practice
Saturday, October 10, 2026	Mt. Pleasant Track Club Meet (Park West in Mt. Pleasant, SC)			
Monday, October 12, 2026	Freedom Park	5:15 PM	6:30 PM	Practice
Tuesday, October 13, 2026	Florence Soccer Complex	5:15 PM	6:30 PM	Practice
Thursday, October 15, 2026	Track @ Florence Sports Complex	5:15 PM	6:30 PM	Practice
Monday, October 19, 2026	Freedom Park	5:00 PM	6:15 PM	Practice
Tuesday, October 20, 2026	Florence Soccer Complex	5:00 PM	6:15 PM	Practice
Thursday, October 22, 2026	Track @ Florence Sports Complex	5:00 PM	6:15 PM	Practice
Saturday, October 24, 2026	Florence Track Club Meet (Soccer Complex in Florence, SC)			
Monday, October 26, 2026	Freedom Park	5:00 PM	6:15 PM	Practice
Tuesday, October 27, 2026	Florence Soccer Complex	5:00 PM	6:15 PM	Practice
Thursday, October 29, 2026	Freedom Park	5:00 PM	6:15 PM	Halloween Run- wear costumes
Monday, November 2, 2026	Freedom Park	4:15 PM	5:15 PM	Practice
Tuesday, November 3, 2026	Florence Soccer Complex	4:15 PM	5:15 PM	Practice
Thursday, November 5, 2026	Track @ Florence Sports Complex	4:15 PM	5:15 PM	Practice
Saturday, November 7, 2026	Aiken Track Club Meet (Generations Park in Aiken, SC)			
Monday, November 9, 2026	Freedom Park	4:15 PM	5:15 PM	Practice
Tuesday, November 10, 2026	Florence Soccer Complex	4:15 PM	5:15 PM	Practice
Thursday, November 12, 2026	Track @ Florence Sports Complex	4:15 PM	5:15 PM	Practice
Saturday, November 14, 2026	USATF Junior Olympics - SC State Championships (Northwestern HS in Rock Hill, SC)			
Monday, November 16, 2026	Freedom Park	4:15 PM	5:15 PM	Practice
Tuesday, November 17, 2026	Florence Soccer Complex	4:15 PM	5:15 PM	Practice
Thursday, November 19, 2026	Track @ Florence Sports Complex	4:15 PM	5:15 PM	Practice
Saturday, November 21, 2026	USATF Junior Olympics - Region 4 Championships (Rock Hill, SC)			
11/23/26-12/10/26	Individualized Practice for National Athletes			
Saturday, December 12, 2026	USATF Junior Olympics- National Championships (Moncus Park in Lafayette, LA)			